



# Cathedral Parish School - Lunch

**MON**

**TUES**

**WED**

**THURS**

**FRI**

**Feb 2018**

1						2					
CENTER PLATE						Spaghetti with Meatsauce	House Made Cheese or Pepperoni Pizza				
ALL AMERICAN GRILL						Crispy Chicken Sandwich					
DELI DELIGHTS	Chicken Caesar Salads and Caesar Salads Also Available Monday - Thursday										

All meals come with a Choice of Two Sides. Side choices may include Fruit Cups, Carrot Sticks, Chips, String Cheese Sticks or Signature Sides.

5						6						7						8						9					
CENTER PLATE	Crispy Mini Corn Dog Nuggets					Breakfast for Lunch	Homestyle Chicken Tenders					Creamy Chicken Penne Alfredo	House Made Cheese or Pepperoni Pizza																
ALL AMERICAN GRILL	Crispy Chicken Sandwich					Crispy Chicken Sandwich	Crispy Chicken Sandwich					Crispy Chicken Sandwich																	
DELI DELIGHTS	Chicken Caesar Salads and Caesar Salads Also Available Monday - Thursday																												

12						13						14						15						16					
CENTER PLATE	All Beef Hot Dog					Texas Pulled Pork Sandwich	Ash Wednesday Creamy Mac and Cheese					Three Cheese Baked Ziti	Make Up Day House Made Cheese Pizza																
ALL AMERICAN GRILL	Crispy Chicken Sandwich					Crispy Chicken Sandwich	Grilled Cheese Sandwich					Crispy Chicken Sandwich																	
DELI DELIGHTS	Chicken Caesar Salads and Caesar Salads Also Available Monday - Thursday																												

19						20						21						22						23					
CENTER PLATE	No School Presidents' Day					Breakfast for Lunch	Homestyle Chicken Tenders					Crispy Mini Corn Dog Nuggets	House Made Cheese Pizza																
ALL AMERICAN GRILL						Crispy Chicken Sandwich	Crispy Chicken Sandwich					Crispy Chicken Sandwich																	
DELI DELIGHTS	Chicken Caesar Salads and Caesar Salads Also Available Monday - Thursday																												

26						27						28					
CENTER PLATE	No School					Three Cheese Baked Ziti	Steak Burger with Cheese Steak Burger										
ALL AMERICAN GRILL						Crispy Chicken Sandwich	Crispy Chicken Sandwich										
DELI DELIGHTS	Chicken Caesar Salads and Caesar Salads Also Available Monday - Thursday																

## HARVEST OF THE MONTH

Strawberries are a spring time tradition. Full of antioxidants and vitamins, strawberries are great for your immune system, eye health, and your skin. Athletes can benefit from the nitrates in strawberries because they help flow oxygen to the muscles during exercise. A sweet and tart flavor gives strawberries a wide range of uses. Enjoy them fresh, dipped in chocolate, tossed into a salad, and baked in delicious pies. Stop by our cafés to try fresh, local strawberries.

SLA Management is sensitive to the needs of students with disabilities and will make every reasonable effort to accommodate students with disabilities so they can enjoy school lunch. If your child has a medical condition that may be affected by eating school lunch, please contact your school's office for a Diet Modification form. In spite of our every effort, we cannot be absolutely certain that contaminants have not been introduced to products prior to their receipt, or preparation facilities used by a third party while not under the supervision of SLA Management.