



Cathedral Parish School - Lunch

Oct 2017

	MON 2	TUES 3	WED 4	THURS 5	FRI 6
CENTER PLATE	Honey BBQ Boneless Bites	Mini Cheese Calzones with Marinara	All American Hamburger or Cheeseburger	Spaghetti with Meatsauce	House Made Cheese or Pepperoni Pizza
ALL AMERICAN GRILL	Crispy Chicken Sandwich	Crispy Chicken Sandwich	Crispy Chicken Sandwich	Crispy Chicken Sandwich	
DELI DELIGHTS	Chicken Caesar Salads and Caesar Salads Also Available Monday - Thursday				

All meals come with a Choice of Two Sides. Side choices may include Fruit Cups, Carrot Sticks, Chips, String Cheese Sticks or Signature Sides.

	9	10	11	12	13
CENTER PLATE	No School Columbus Day	Breakfast for Lunch	Crispy Mini Corn Dog Nuggets	Creamy Chicken Penne Alfredo	House Made Cheese or Pepperoni Pizza
ALL AMERICAN GRILL		Crispy Chicken Sandwich	Crispy Chicken Sandwich	Crispy Chicken Sandwich	
DELI DELIGHTS	Chicken Caesar Salads and Caesar Salads Also Available Monday - Thursday				

	16	17	18	19	20
CENTER PLATE	Popcorn Chicken Bites	House Made Creamy Mac and Cheese	Meatball Marinara Sub	House Made Cheese or Pepperoni Pizza	Half Day Early Dismissal 11am/Parent Teacher Conferences
ALL AMERICAN GRILL	Crispy Chicken Sandwich	Crispy Chicken Sandwich	Crispy Chicken Sandwich		
DELI DELIGHTS	Chicken Caesar Salads and Caesar Salads Also Available Monday - Thursday				

	23	24	25	26	27
CENTER PLATE	Homestyle Chicken Bowl	Breakfast for Lunch	All Beef Hot Dog	Three Cheese Baked Ziti	House Made Cheese or Pepperoni Pizza
ALL AMERICAN GRILL	Crispy Chicken Sandwich	Crispy Chicken Sandwich	Crispy Chicken Sandwich	Crispy Chicken Sandwich	
DELI DELIGHTS	Chicken Caesar Salads and Caesar Salads Also Available Monday - Thursday				

	30	31			
CENTER PLATE	Homestyle Chicken Tenders	Mini Cheese Calzones with Marinara			
ALL AMERICAN GRILL	Crispy Chicken Sandwich	Crispy Chicken Sandwich			
DELI DELIGHTS	Chicken Caesar Salads and Caesar Salads Also Available Monday - Thursday				

HARVEST OF THE MONTH

The cultural span of tomatoes reaches from the pizza sauces of Italy, to the richness of Cajun fare, and the classic condiments of America. Flavor is secondary to the health benefits of this vegetable. Improving the body, head to toe... our hearts, skin, and everything in between! Full of lycopene, the philosophy of the redder the better applies. Stop by our cafés all month long and try fresh tomatoes in a variety of our entrées and sides.